

## 5 ABSTRACT OF THE DISCLOSURE

10 An apparatus to increase identification of cancer mass in  
subcutaneous tissue, by palpation by self examination, to  
accommodate disability, to increase therapy of medical and  
physical recovery and treatment, and method of using devices or  
15 compounds which reduce onset of symptoms of median nerve  
entrapment or carpal tunnel syndrome or repetitive stress  
syndrome, reduce tactile deficit of fingers, and as well as many  
other applications. This includes improving the efficiency of the  
movement of the fingers, reducing the inflammation in the carpal  
20 canal, reducing the tendon excursion in the carpal canal,  
reducing finger flexion, reducing loss of nerve sensation,  
reducing loss of tactile sensation, increasing tactile  
sensitivity of the fingers, increasing movement of the dorsal  
interossei muscles of the hand, increasing movement of the volar  
interossei palmar muscles of the hand, and increasing movement  
of the lumbrical muscles of fingers.